

PLAN D'OCCUPATION DE LA SALLE DE PODEMAINGE 2025-2026

|       | LUNDI                                                  | MARDI                                                         | MERCREDI | JEUDI                                    | VENDREDI | SAMEDI | DIMANCHE |
|-------|--------------------------------------------------------|---------------------------------------------------------------|----------|------------------------------------------|----------|--------|----------|
| 7.00  |                                                        |                                                               |          |                                          |          |        |          |
| 7.30  |                                                        | Ecole                                                         |          | Ecole                                    |          |        |          |
| 8.00  |                                                        |                                                               |          |                                          |          |        |          |
| 8.30  |                                                        |                                                               |          |                                          |          |        |          |
| 9.00  |                                                        |                                                               |          |                                          |          |        |          |
| 9.30  |                                                        |                                                               |          |                                          |          |        |          |
| 10.00 |                                                        |                                                               |          |                                          |          |        |          |
| 10.30 |                                                        |                                                               |          |                                          |          |        |          |
| 11.00 |                                                        |                                                               |          |                                          |          |        |          |
| 11.30 |                                                        |                                                               |          |                                          |          |        |          |
| 12.00 |                                                        |                                                               |          |                                          |          |        |          |
| 12.30 |                                                        |                                                               |          |                                          |          |        |          |
| 13.00 |                                                        |                                                               |          |                                          |          |        |          |
| 13.30 |                                                        |                                                               |          |                                          |          |        |          |
| 14.00 |                                                        |                                                               |          |                                          |          |        |          |
| 14.30 |                                                        |                                                               |          |                                          |          |        |          |
| 15.00 | AM DANCE<br>01.09.2025-<br>26.06.2026<br><br>15h15-17h |                                                               |          |                                          |          |        |          |
| 15.30 |                                                        |                                                               |          |                                          |          |        |          |
| 16.00 |                                                        | AM DANCE<br>01.09.2025-<br>26.06.2026<br><br>16h15-18h45      |          |                                          |          |        |          |
| 16.30 |                                                        |                                                               |          |                                          |          |        |          |
| 17.00 |                                                        |                                                               |          |                                          |          |        |          |
| 17.30 |                                                        |                                                               |          |                                          |          |        |          |
| 18.00 |                                                        |                                                               |          |                                          |          |        |          |
| 18.30 |                                                        |                                                               |          | PILATES<br>oct. à mai<br><br>18h30-20h30 |          |        |          |
| 19.00 |                                                        |                                                               |          |                                          |          |        |          |
| 19.30 |                                                        | UNIPOP<br>Sophrologie<br>07.10.2025-16.12.2025<br>19h30-20h30 |          |                                          |          |        |          |
| 20.00 |                                                        |                                                               |          |                                          |          |        |          |
| 20.30 |                                                        |                                                               |          |                                          |          |        |          |
| 21.00 |                                                        |                                                               |          |                                          |          |        |          |
| 21.30 |                                                        |                                                               |          |                                          |          |        |          |
| 22.00 |                                                        |                                                               |          |                                          |          |        |          |